



VOLUNTEER **HOSPICE** OF CLALLAM COUNTY

Grief Support Group

Seven-week Series

Tuesdays, September 18 – October 30

2 pm to 3:30 pm

**Hospice House
810 S. Albert St. (x 8th St.), Port Angeles**

Our grief support groups provide an atmosphere of safety and acceptance, where participants may:

- **share their feelings and experiences with others**
- **gain a clearer understanding of the grieving process**
- **learn coping strategies and skills for the emotional pain of loss**

Confidentiality is essential to the group process.

This emphasis on honoring one another's confidences helps to create an atmosphere of openness and trust, so essential to the sharing experience.

Free and open to anyone

Information and Registration: 360-452-1511

(group size is limited)

Volunteer Hospice of Clallam County provides free services to terminally ill patients and their families.

To learn more, call 360-452-1511 or visit VHOCC.ORG